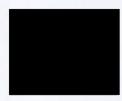
General Information

CHI St. Vincent Hot Springs is excited to welcome you to the American Heart Association Sweethearts Program. We are proud to be a co-sponsor for the Hot Springs Sweethearts. Should you have any questions about CHI St. Vincent Hot Springs' Volunteering, Special Events, or shadowing opportunities, please feel free to contact:

Tonya Baier, BSN, RN, CNML, Clinical Director of Nursing
Mike Long, Nurse Manager of Cardiology Services
Lana Lambert, MNSc, RN, ACNS-BC, Clinical Education



You may begin signing up for volunteer hours at CHI St. Vincent beginning today. Each Sweetheart is required to volunteer a minimum of 6 hours. Seminar hours are counted as volunteer hours.

Please Remember:

- You must volunteer the full assigned shift hours for which you have signed up.
- Do not volunteer on days in which you are not signed up.
- If you are unable to volunteer on a day for which you have signed up, notify us ASAP. You must give 2 days notice OR YOU WILL HAVE POINTS DOCKED FOR MISSING YOUR DAY.
- Sign up as far in advance as possible.
- You must wear your CHI St. Vincent Sweetheart T-shirt and name tag while volunteering.
- Always remember to follow patient privacy laws while volunteering.

Most importantly, Welcome to the Hot Springs Sweethearts!! We are glad you are here and look forward to spending the next several months sharing more about Heart Health.

Volunteer Departments, Healthcare Seminars, and Tours

Volunteer Dates

Each of these dates will have two, 4-hour shifts available:

8:30am - 12:30pm or 12:30 - 4:30pm.

November Volunteer Opportunities

Monday, November 21 Tuesday, November 22 Wednesday, November 23

December Volunteer Opportunities

Wednesday, December 21 Thursday, December 22 Friday, December 23 Monday, December 26 Tuesday, December 27 Wednesday, December 28 Thursday, December 29 Friday, December 30

January Volunteer Opportunities

Monday, January 2 Tuesday, January 3 Wednesday, January 4 Thursday, January 5 Friday, January 6



Scan me to sign-up.



Scan me to sign-up.



Scan me to sign-up.

Volunteer Departments

Cardiac Rehab	Medical Inpatient Units	Rehab/OP Rehab
Cath Lab/Cath Lab Recovery	Outpatient Surgery	Emergency Department
Cardiology Clinic	Radiology	Volunteer/Information Services
Echo	Women's/Pregnancy Clinic	Gift Shop
Diabetes Education/Nutrition	Labor/Delivery.	Pharmacy

2022 - 2023 Seminars

Dates/Times	Class/Four	Sign UP Genius	Location			
October 19 4-6pm	AHA Sweethearts Orientation		On Campus-Heart Center Entrance/Dublin Room			
October 22 4-6pm	AHA Sweethearts Orientation		On Campus-Heart Center Entrance/Dublin Room			
November 16 4-6pm	Healthy Heart -Early Heart Attack Prevention Nutrition/Bariatric/Exercise		CHI Main Entrance/Dublin Room			
November 21 4-6pm	Day in Women's Services and Pediatrics with Dr. Gordon and Dr. Deputy		CHI Main Entrance/Dublin Room			
December 7 th 4-6pm	Life in the ER Doctors- Trauma/Suturing Dr. Doug Ross		CHI Main Entrance/Dublin Room			
January 5 th 4-6pm	Heart Surgery/Stent Procedures- Pig Heart Dissection with Dr. Igbokidi & Dr. Howe		CHI Main Entrance/Dublin Room			
January 10 th 4-6pm	Cardiac Rehab/Echo Presentation/Stress Test with Dr. Tata		CHI Main Entrance/Dublin Room			

Scan me to sign-up for a seminar!





Sweetheart Orientation

October 19, 2022 4:00 pm – 6:00 pm Catherine's Kitchen

Time	Agenda Item	Facilitator	Action
4:00pm-4:05pm	Reflection	Michael Millard	
4:05pm-4:20pm	Welcome	Tonya Baier	
4:20pm-4:30pm	Introductions	All	
4:30pm-5:15pm	Jr. Volunteer Packet Review	Susan Rima	Information Sharing
5:15pm-6:00pm	Sweetheart Packet Review	Tonya Baier Mike Long	Information Sharing

Event # 1 Healthy Leart Nutrition Epicax Wednesday November 16, 2022 @ 4:00		
Name (Please print)	Telephone number	
Donya Parer Bay R. Cum		
On Jakaner Bay R. Cum Wike Lang DSN EN CNML Chrother Cudumck BAN, RN, CBN		
Chrotistendunce, Bon, KN, CBN		

DATE: November 21, 2022 Cours, 125W, RO. CHIM. Churcas Director Edgar, RN H) Full Name St. Vincent Imagine better health.54 Sign In Phone Number Seminar # 2 Women's Services AHA Sweetheart Program CHI St. Vincent Hot Springs 4-6 pm Q

DATE: December 7, 2022



Imagine better health."

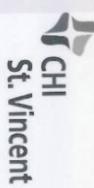
CHI St. Vincent Hot Springs AHA Sweetheart Program Seminar # 3 Life in the ED

Sign In

J, ACNS-1	TECHICA CONTRACTOR					
	Shan Ro. Ann.	*				Full Name
Phone Number Phone Number						
I, ACNS-I	ambert MUSC, Ro					Phone Number
89	J, ACNS-BC					

h+tuan 3 DATE: January 5, 2023 WING LONG BSN ON CHANC Some Paren Fast, Rin ONM Churcal Whoch St. Vincent Full Name Imagine better health." Sign In Seminar #4 Heart Surgery/Stent Procedures **Phone Number** AHA Sweetheart Program CHI St. Vincent Hot Springs Q 8

DATE: January 10, 2023



CHI St. Vincent Hot Springs
AHA Sweetheart Program
Seminar #6 Cardiac Rehab/ECHO/Stress

Sucrt to

Imagine better health."

Sign In

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