

October 19, 2022

### **General Information**

CHI St. Vincent Hot Springs is excited to welcome you to the American Heart Association Sweethearts Program. We are proud to be a co-sponsor for the Hot Springs Sweethearts. Should you have any questions about CHI St. Vincent Hot Springs' Volunteering, Special Events, or shadowing opportunities, please feel free to contact:

**Tonya Baier, BSN, RN, CNML, Clinical Director of Nursing**

**Mike Long, Nurse Manager of Cardiology Services**

**Lana Lambert, MNsc, RN, ACNS-BC, Clinical Education**



You may begin signing up for volunteer hours at CHI St. Vincent beginning today. Each Sweetheart is required to volunteer a minimum of 6 hours. Seminar hours are counted as volunteer hours.

Please Remember:

- You must volunteer the full assigned shift hours for which you have signed up.
- Do not volunteer on days in which you are not signed up.
- If you are unable to volunteer on a day for which you have signed up, notify us ASAP. You must give 2 days notice OR YOU WILL HAVE POINTS DOCKED FOR MISSING YOUR DAY.
- Sign up as far in advance as possible.
- You must wear your CHI St. Vincent Sweetheart T-shirt and name tag while volunteering.
- Always remember to follow patient privacy laws while volunteering.

**Most importantly, Welcome to the Hot Springs Sweethearts!! We are glad you are here and look forward to spending the next several months sharing more about Heart Health.**

## Volunteer Departments, Healthcare Seminars, and Tours

### Volunteer Dates

Each of these dates will have two, 4-hour shifts available:

**8:30am - 12:30pm or 12:30 - 4:30pm.**

### **November Volunteer Opportunities**

Monday, November 21

Tuesday, November 22

Wednesday, November 23



Scan me to  
sign-up.

### **December Volunteer Opportunities**

Wednesday, December 21

Thursday, December 22

Friday, December 23

Monday, December 26

Tuesday, December 27

Wednesday, December 28

Thursday, December 29

Friday, December 30



Scan me to  
sign-up.

### **January Volunteer Opportunities**

Monday, January 2

Tuesday, January 3

Wednesday, January 4

Thursday, January 5

Friday, January 6



Scan me to  
sign-up.

### **Volunteer Departments**

Cardiac Rehab	Medical Inpatient Units	Rehab/OP Rehab
Cath Lab/Cath Lab Recovery	Outpatient Surgery	Emergency Department
Cardiology Clinic	Radiology	Volunteer/Information Services
Echo	Women's/Pregnancy Clinic	Gift Shop
Diabetes	Labor/Delivery	Pharmacy
Education/Nutrition		

## 2022 – 2023 Seminars

Dates/Times	Class/Tour	Sign UP Genius	Location
October 19 4-6pm	AHA Sweethearts Orientation		On Campus-Heart Center Entrance/Dublin Room
October 22 4-6pm	AHA Sweethearts Orientation		On Campus-Heart Center Entrance/Dublin Room
November 16 4-6pm	Healthy Heart -Early Heart Attack Prevention Nutrition/Bariatric/Exercise		CHI Main Entrance/Dublin Room
November 21 4-6pm	Day in Women's Services and Pediatrics with Dr. Gordon and Dr. Deputy		CHI Main Entrance/Dublin Room
December 7 <sup>th</sup> 4-6pm	Life in the ER Doctors- Trauma/Suturing Dr. Doug Ross		CHI Main Entrance/Dublin Room
January 5 <sup>th</sup> 4-6pm	Heart Surgery/Stent Procedures- Pig Heart Dissection with Dr. Igbokidi & Dr. Howe		CHI Main Entrance/Dublin Room
January 10 <sup>th</sup> 4-6pm	Cardiac Rehab/Echo Presentation/Stress Test with Dr. Tata		CHI Main Entrance/Dublin Room

Scan me to sign-up  
for a seminar!





## Sweetheart Orientation

October 19, 2022  
4:00 pm – 6:00 pm  
Catherine's Kitchen

Time	Agenda Item	Facilitator	Action
4:00pm-4:05pm	Reflection	Michael Millard	
4:05pm-4:20pm	Welcome	Tonya Baier	
4:20pm-4:30pm	Introductions	All	
4:30pm-5:15pm	Jr. Volunteer Packet Review	Susan Rima	Information Sharing
5:15pm-6:00pm	Sweetheart Packet Review	Tonya Baier Mike Long	Information Sharing







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CHI St. Vincent Hot Springs  
AHA Sweetheart Program  
Seminar # 2 Women's Services  
4-6 pm

## Sign In

Full Name

Phone Number

Drugs: Penicillin, 1500, Phenytoin, Chemical Products  
 Amy Gots RN  
 Kelli Mills  
 Jenn Edgar, RN

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**St. Vincent**  
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**CHI St. Vincent Hot Springs  
AHA Sweetheart Program  
Seminar # 3 Life in the ED**

## Sign In

[illegible]



**CHI St. Vincent Hot Springs**  
AHA Sweetheart Program  
Seminar #4 Heart Surgery/Stent Procedures

Event #4

## Sign In

Full Name

Phone Number

Group: Raven (S&S) from ANML Clinical Director,  
Mike Long Dip in ANML





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## Sign In

Full Name	Phone Number
[REDACTED]	[REDACTED]
Donald Donaldson, CSM Clinical Director	
phil@donaldson.com	

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